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# HEALING BACK PAIN NATURALLY: THE MIND BODY PROGRAM PROVEN TO WORK

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## HEALING BACK PAIN NATURALLY

The  
Mind-Body  
Program  
Proven to  
Work



Art Brownstein, M.D.  
Foreword by Joan Borysenko, Ph.D.

Pocket Books. Paperback. Book Condition: New. Paperback. 320 pages. Dimensions: 8.8in. x 5.9in. x 0.7in. After suffering from back pain for twenty years, Dr. Art Brownstein shares the cure that worked for him and thousands of others. Back pain is a global epidemic and the number one cause of disability in the US for people under forty-five. Seven out of ten people in the US will suffer serious back pain at some stage in their lives. Sharing his own story of...

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- Authored by Art Brownstein
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