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Live Your Bliss: Practices for a Fulfilling Life

By Terry Cole-Whittaker

New World Library. Paperback. Book Condition: new. BRAND NEW, Live Your Bliss: Practices for a Fulfilling Life, Terry Cole-Whittaker, According to new age guru Terry Cole-Whittaker, we all are perfect as we are and have everything we need to manifest our wildest dreams. We just need to focus on what we want and not on what others are saying about us, what others think we should want, or what others have. In this follow-up to her ground-breaking works on self-empowerment, Terry takes readers along a path toward their goals, showing them how they can incorporate a few simple practices into their lives and by so doing, transform their lives. As Terry demonstrated in the late 1980s with her master work, "What You Think of Me Is None of My Business", we're often wrapped up in other people's expectations. We're given scripts to failure by schools and parents who constantly point out what's wrong with us and never teach us how to fulfill our true potential. Terry shows readers how to claim their true natures, how to stop being robots and begin living in their deepest, truest natures. She demonstrates how we can discover who we truly are and live in...



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