



Jewish Spiritual Direction An Innovative Guide from Traditional Contemporary Sources

By -

Jewish Lights. Hardcover. Book Condition: New. Hardcover. 368 pages. Dimensions: 9.1in. x 6.3in. x 1.2in. The first comprehensive resource for spiritual direction in the Jewish tradition a vital resource for people involved in spiritual leadership. The essential reference for people who are called to help others listen for Gods voice not only through prayer and sacred texts, but also through dance, art and interactions with other people this groundbreaking volume draws on both Jewish tradition and the classical foundations of spiritual direction to provide invaluable guidance. Offering insight into all aspects of spiritual direction, including theology, practice, companionship, group work and embodied spirituality, the contributors to this guide are innovators in their fields and represent all four contemporary Jewish movements. Topics explored include: Jewish Theologies and Jewish Spiritual Direction The Vocabulary of Jewish Spiritual Direction Spiritual Direction as a Contemplative Practice Contemplation and Social Action Cultivating a Hearing Heart Spiritual Types Community for Spiritual Direction Spiritual Direction and the Cycle of Holy Time Spiritual Companionship and the Passages of Life Jewish Spiritual Direction and the Sacred Body Integrating Spiritual Direction and Visual Creativity and many more . . . An exciting and practical addition to an emerging field, this is the definitive guide for...



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