Mama Gena's School of Womanly Arts: How to Use the Power of Pleasure (New edition)

"The art of pleasure. Getting it, not giving it."-New York to Have Your Way with the World nas

Filesize: 1.43 MB

Reviews

Very beneficial to any or all class of individuals. It is rally interesting throgh looking at time. You will not feel monotony at at any time of your time (that's what catalogs are for concerning in the event you question me). (Dr. Dallas Reinger IV)

MAMA GENA'S SCHOOL OF WOMANLY ARTS: HOW TO USE THE POWER OF PLEASURE (NEW EDITION)



Simon & Schuster Ltd. Paperback. Book Condition: new. BRAND NEW, Mama Gena's School of Womanly Arts: How to Use the Power of Pleasure (New edition), Regena Thomashauer, You've heard the saying, 'Do what you love, and the money will follow'. Mama Gena takes that sentiment one step further, and exhorts women to do what they love, because everything will follow: success, romance, wealth, fulfillment. Relationship expert Regena Thomashauer (a.k.a. Mama Gena) urges women to learn this simple principle: self-indulgence is the key to self-empowerment. But in order to pursue pleasure, one must know pleasure. Believe it or not, most women can't pinpoint what really makes them happy. After all, are women ever taught to celebrate their appetites, whether it's for chocolate ice cream, or a more entertaining sex life? In her 'School of Womanly Arts', Mama Gena transforms ordinary women into glowing Sister Goddesses - women fully in tune with the mystical, creative power of their sensuality - and teaches them how to use their creative power to build the life they want. She explains the lost art of giving in to desires (even if it's just for a new lipstick), seeking fun and pleasure at home and at work, and navigating the world using feminine power instead of patriarchal rules. This is pleasure boot camp, and be forewarned, the exercises are tough: assignments include flirting for fun, flexing your intuition, buying yourself presents, bragging about your accomplishments, and much more.

Read Mama Gena's School of Womanly Arts: How to Use the Power of Pleasure (New edition) Online

Download PDF Mama Gena's School of Womanly Arts: How to Use the Power of Pleasure (New edition)

Relevant Kindle Books

It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating...

Read eBook »



Hands Free Mama: A Guide to Putting Down the Phone, Burning the To-Do List, and Letting Go of Perfection to Grasp What Really Matters! (Paperback) ZONDERVAN, United States, 2014. Paperback. Book Condition: New. 211 x 137 mm. Language: English . Brand New Book. Rachel Macy Stafford s post The Day I Stopped Saying Hurry Up was a true phenomenon on...

Read eBook »



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the...

Read eBook »



Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success

Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success, Eva M. Horn, Susan B. Palmer, Gretchen D. Butera, Joan A. Lieber, How...

Read eBook »



Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video...

Read eBook »

Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition)

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition), Theresa Casey, 'Theresa's book is full of lots of inspiring, practical, 'how **Read Document »**

The Goblin's Toyshop

Octopus Publishing Group. Paperback. Book Condition: new. BRAND NEW, The Goblin's Toyshop, Enid Blyton, A magical selection of short stories including The Little Chatterbox, The Very Strange Pool, The Enchanted Button and Porridge Town. Each **Read Document »**

_		
-	-	
_		

Demons The Answer Book (New Trade Size)

Whitaker House. PAPERBACK. Book Condition: New. 0883689553 Feed My Sheep Books: A Family Ministry, Competing For YHWH Online Since 2001. Support the Assembly Before Buying Big Box-store Books. We Shrink Wrap & Carefully Package Your **Read Document »**

-	
-	

Houdini's Gift

Independent Publishers Group (IPG) - Chicago Review Press, 2009. Hardcover. Book Condition: New. Revisiting well-loved characters from a past adventure, this picture book presents animal-loving Ben with the challenge of having another pet after losing **Read Document »**

_	
_	

Scapegoat: The Jews, Israel, and Women's Liberation

Free Press. Hardcover. Book Condition: New. 0684836122 Never Read-12+ year old Hardcover book with dust jacket-may have light shelf or handling wear-has a price sticker or price written inside front or back cover-publishers mark-Good Copy-

Read Document »