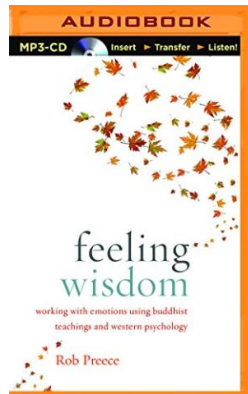


## Feeling Wisdom: Working with Emotions Using Buddhist Teachings and Western Psychology



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