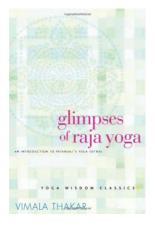
Read Doc

GLIMPSES OF RAJA YOGA: AN INTRODUCTION TO PATANJALI'S YOGA SUTRAS



Rodmell Press. Paperback. Book Condition: new. BRAND NEW, Glimpses of Raja Yoga: An Introduction To Patanjali's Yoga Sutras, Vimala Thakar, In Glimpses of Raja Yoga, Vimala Thakar introduces the basic concepts of Patanjali's Yoga Sutras by focusing on different sutra, or aphorism, in each of the twelve chapters. In her opening chapter, she presents the historical and cultural background of Patanjali's Raja Yoga. Chapter 2 contains an eloquent invocation of the dimension of Silence--the meditative state that one enters with...

Read PDF Glimpses of Raja Yoga: An Introduction To Patanjali's Yoga Sutras

- · Authored by Vimala Thakar
- · Released at -



Filesize: 7.44 MB

Reviews

It in a of my personal favorite book. It is writter in easy terms and never hard to understand. Its been designed in an exceedingly easy way and it is only after i finished reading this publication by which in fact changed me, change the way i think.

-- Lucinda Stiedemann

This book is fantastic. It normally fails to price excessive. Your daily life span will likely be enhance once you total reading this publication.

-- Heath Prosacco

This is the finest publication we have read through right up until now. Better then never, though i am quite late in start reading this one. Its been written in an remarkably easy way in fact it is only after i finished reading through this book by which basically altered me, affect the way i think.

-- Dr. Gabriella Hayes