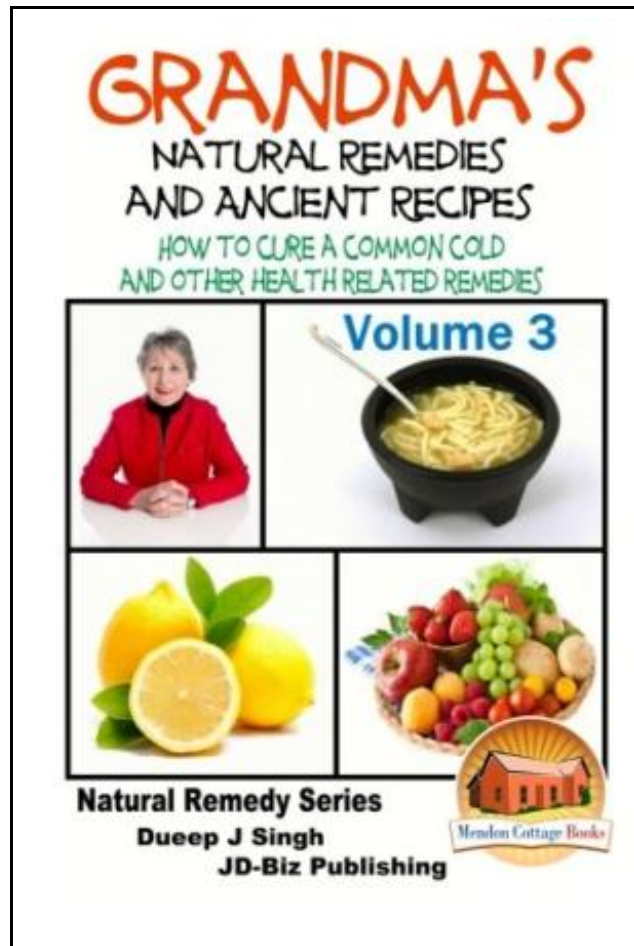


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GRANDMA S NATURAL REMEDIES AND ANCIENT RECIPES - VOLUME 3 - HOW TO CURE A COMMON COLD AND OTHER HEALTH RELATED REMEDIES (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Grandma s Natural Remedies And Ancient Recipes - Volume 3 - How to cure a common cold and other health related remedies Table of contents Introduction Grandma s rules For Simple Living Grandma s easy Health Remedies Wake up energy drink Benefits of the Neem Curing a cold Tasty Cold Whisky Remedy Butter Cold Syrup Gingered Lemon Drink Mustard Bath Powder Hot and Cold Water Remedy Traditional Golden Chicken Soup Remedy - The Way Grandma Made It Time-tested Chest Rub Vaseline - Camphor Remedy Effective remedy for Catarrh Antiseptic Way To Clear Catarrh Amazing hay fever remedy Sore throats Hoarseness - recipe for children Hoarseness - recipe for adults Grandma s Natural Cure for Obesity Diet program Conclusion - and some general gossip! Introduction In volume 3 of Grandma s Natural Remedies And Ancient Recipes, you are going to get to know more about a number of different fruits, and vegetables which are going to enhance your health, and allow you to live long and prosper. These natural remedies have come down through word-of-mouth from grandmother to granddaughter, down the millenniums, in almost all the ancient civilizations, when it was the responsibility of the female of the family to make sure that her family kept healthy and survived in the times when superstition and bad hygiene was rife. This is the reason why so many ancient remedies and herbal recipes, were used on a day to day basis, by grandma and these volumes comprise of a collection of the wisdom of the ages for all those people who believe in the power of nature to cure ailments from the root, instead of looking for chemical-based...

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