



Essential Oils - Amazing Lifelong Secrets for Weight Loss, Beauty and Health (Paperback)

By Kelly Meral

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Essential Oils - Amazing Lifelong Secrets for Weight Loss, Beauty and Health In our modern world it seems as if there is a prescription drug for everything. Chemicals can be found in common beauty products and everyday cleaning supplies - even in places you might not think to look! What many people don't realize is that there is a natural alternative to all of these things. Essential oils are derived from plants and they contain a number of unique properties that make them useful in beauty products, cleaning supplies, food recipes, and even for as alternatives to medical treatments. If you want to learn more, this is the book for you! Here is a quick breakdown of what you will receive in this book: Overview of essential oils including production methods Explanation of common uses for essential oils Safe handling tips for essential oils In-depth explanation of 5 essential oils for weight loss Recipes for weight loss wraps and smoothies In-depth explanation of 5 essential oils for beauty Recipes for essential oil face wash...



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Absolutely essential study publication. It usually fails to expense an excessive amount of. Your lifestyle period will probably be transformed when you fully look at this publication.

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